



**Kidney Beans**  
16.16 grams/cup



**Red Lentils**  
17.86 grams/cup



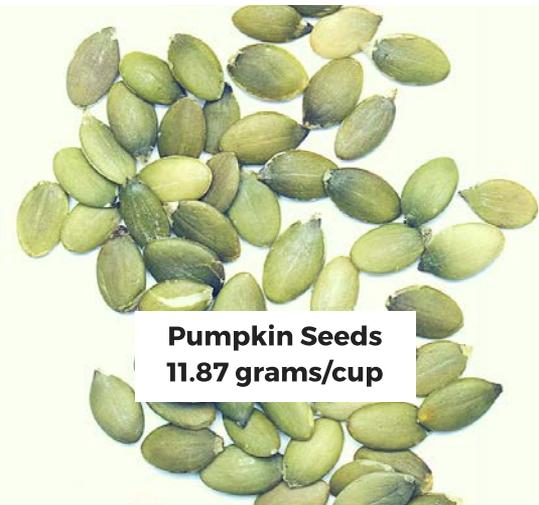
**Chickpeas**  
14.53 grams/cup



**Peanuts**  
35.55 grams/cup



**Cottonseed**  
48.56 grams/cup



**Pumpkin Seeds**  
11.87 grams/cup

# PROTEIN-PACKED COTTONSEED

BIOTECHNOLOGY RESEARCH LED  
TO A NEW TRAIT IN COTTONSEED  
PRODUCING AN EDIBLE PROTEIN



Cotton  
Incorporated

**Soybeans**  
31.32 grams/cup

**Black Beans**  
15.24 grams/cup